Plass lives with her husband, a self-employed business owner, in a rural border town just inside the California-Oregon State line. Their longtime family doctor is in Oregon, as well as the closest hospital. These letters I have here also point out that they have had their insurance coverage canceled recently, so this notification has thrown them into a tizzy because of the law and their plan has been canceled. They now have to enroll in a plan that they don't like, that is inferior and increasing their costs by hundreds of dollars each month.

Tricia wrote to me and said:

I have been told I will not have coverage for our regular doctor in Oregon that our family has been seeing for years and, of course, our closest hospital which is also in Oregon. We are now living with a constant fear that our new policy under ObamaCare will not even provide coverage when we need it

Mr. Speaker, this is wrong. Mr. President, it is broken. We need to support a new plan.

OBAMACARE

(Ms. NORTON asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. NORTON. Mr. Speaker, when the time comes, Members and staff will get their insurance at dchealthlink.com. They will have a good chance to pay less because they will have 267 choices.

In advance, one of my staff members, who has a name-brand policy from our Federal program, went on dchealthlink .com and found that she could get a comparable policy for at least \$100 less with no deductible.

If Republicans want to deal in anecdotes, here is far more typical than those from the crowd who have gone from 41 repeals to their new strategy of actively sabotaging the Affordable Care Act.

OBAMACARE

(Mr. WILSON of South Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WILSON of South Carolina. Mr. Speaker, ObamaCare is a disaster. The President knows it; Congress knows it; and most importantly, the American people now know it.

The President claims to be working with Congress to stop the train wreck the ACA is waging on American families. Actions speak louder than words. It is time for him to engage with House Republicans to find a solution.

We must help Mary in Lexington, South Carolina, whose health care policy premium has already increased 275 percent since the beginning of this year; and Rebecca from Aiken, who will be forced to pay \$600 more a month for the same coverage in January; and Alvin, an uninsured veteran also living in Aiken, who has tried to purchase in-

surance on the government health care Web site but can't afford it because the premium will be higher than his mortgage, utilities, and Internet combined.

This is absurd. For the sake of the middle class, we must replace ObamaCare with commonsense solutions that protect families, provide a safety net, and promote jobs.

In conclusion, God bless our troops, and we will never forget September the 11th in the global war on terrorism.

OBAMACARE

(Mr. HUIZENGA of Michigan asked and was given permission to address the House for 1 minute.)

Mr. HUIZENGA of Michigan. Mr. Speaker, at least 225,000 residents of Michigan have—or will shortly—received letters informing them that their current health insurance policies will be canceled because of ObamaCare. To put that number in context, more people in Michigan have had their private health care plans canceled due to ObamaCare than have even selected the private plan nationwide on healthcare.gov.

Adding insult to injury, the dismal enrollment number announced by the administration does not represent an adequate depiction of the ObamaCare experience. Whether it is Nancy from Grant, Barbara from Walker, Terry from Grandville, or David from Twin Lake, my constituents all seem to be sharing the same experience: frustration, followed by exasperation, rounded out with higher costs that they can't afford. We hear you, and I am here for you.

The reality of the ObamaCare "experience" is a Web site that is difficult to navigate—when it actually works—coupled with policy options that result in higher health care costs for Michigan consumers.

I applaud my friend and colleague, FRED UPTON, who is going to be leading a charge to provide a legislative solution for that problem tomorrow. I hope our friends across the aisle will be able to provide that same relief to their constituents, and I hope they will join me in doing so.

OBAMACARE

(Ms. BROWN of Florida asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. BROWN of Florida. Mr. Speaker, you can fool some of the people some of the time, but you can't fool all of the people all of the time. The House Republicans have passed a bill 44 times to rescind the health care bill. ObamaCare is because Obama cares. The shutdown cost the American people \$24 billion.

I come from the great State of Florida where the Medicaid extension has not, to this time, been accepted. That means that over a million people—a million people—will not receive health care.

Every time I speak to a group of students at the Florida A&M University, I ask them how many students can stay on their family plan because of ObamaCare? Every single hand goes up.

So let's be clear: the first rollout was the proposal that let over 3 million people stay on their family plan. And the doughnut hole, because Obama cares, we are closing that that was instituted under the Bush administration.

I really do believe to whom God has given much, much is expected. I really do expect more from the people's House than what we have gotten from the Republican leadership.

OBAMACARE

(Mr. CRAMER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CRAMER. Mr. Speaker, Wayne and Leann Buchholz operate a ranch near Rhame, North Dakota. They have never been active in politics, but a recent letter from their insurance company has changed all of that, for their letter informed them that they would be losing their health care coverage due to the excessive regulations of ObamaCare.

Mr. Speaker, 36,000 North Dakotans are receiving similar cancelation notices, similar to that of Wayne and Leann. Each of these figures on this poster represents over 1,200 North Dakotans just like Wayne and Leann.

On the other hand, only 30 North Dakotans have been able to sign up for ObamaCare through the first month—not 30,000, not 3,000, not even 300, Mr. Speaker—30. Each figure on this part of the graphic represents one North Dakotan able to sign up.

Mr. Speaker, in North Dakota, like much of America, a man's word is his bond. We must help the President make good on his promise and pass the Keep Your Health Plan Act tomorrow.

IHC HEALTH SOLUTIONS, INDEPENDENCE HOLDING GROUP, Phoenix, AZ, September 30, 2013.

Re Companion Life Insurance Company, Discontinuance of your Coverage, Contract Amendment to extend coverage until April 1, 2014

IMPORTANT NOTICE: THIS AFFECTS YOUR INSURANCE CONTRACT RIGHTS. PLEASE READ CAREFULLY

DEAR LEANN C BUCHHOLZ: This notice is to inform you that Companion Life Insurance Company ("Companion Life") will be exiting the individual major medical insurance market in North Dakota effective March 31, 2014 at midnight. This decision was prompted by the increased regulation since the federal government's passage of its recent federal health care reform, commonly referred to as the Patient Protection Affordable Care Act ("PPACA"). The increased regulation will make it difficult for Companion Life to continue to operate and compete meaningfully in North Dakota's individual major medical market. As such, your referenced insurance coverage will terminate on your first premium due date on or after our March 31, 2014 market exit (date reflected above), or earlier if your premium is not received when due.